

# NEW JERSEY PARTNERSHIP FOR HEALTHY KIDSTRENTON



#### NEW JERSEY PARTNERSHIP FOR HEALTHY KIDS

Part of the New Jersey
Partnership for Healthy Kids Five
Cities Project - funded by the
Robert Wood Johnson
Foundation:

Camden, New Brunswick, Vineland, Newark and Trenton



## Challenges in our Communities Identified New Jersey Childhood Obesity Survey, Rutgers Center for State Health Policy, 2010.

funded by the Robert Wood Johnson Foundation (RWJF)

- √ School BMI
- √ Food Behaviors
- √ Food Environment
- √ Physical Activity Behaviors
- √ Physical Activity Environment



#### TRENTON, NJ

- Population: 84,900
- Area: 7.65 square miles
- Demographics: White- 14%, Black 52%, Hispanic 34%
- At or Below Poverty Level: 31.4%
- No Motor Vehicle Access: 24.7%
- Nearly 1 in 2 children overweight or obese
  - 49% vs. 21% nationally



#### FOOD DESERT

 A low-income area in which many residents cannot easily get to stores that sell affordable, healthful foods



SUCCESS

Because you too can own this face of pure accomplishment

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#### POLICIES PASSED

Breakfast Expansion

**District Wellness** 

## ADVOCATE WELLNESS IN SCHOOLS







#### ACCESS TO HEALTHY FOOD-TRENTON





#### Greenwood Ave. Farmers Market- Trenton, NJ



#### SERVICES AVAILABLE

- Health Services
  - 471 patients served
- Food samples and cooking demos
- Physical Activity classes
- SNAP, WIC, FMNP, and Senior Vouchers accepted
  - Dollar for dollar matching programs:
     Greenwood Green and Good Food Bucks
- DJ
- Over 4,000 visitors



#### **COORDINATED FOOD PANTRIES**



- Mercer Street Friends Food Bank
- Nearly 30 pantries in Mercer County
- · Research and Data

## LISTEN TO THE NEEDS IDENTIFIED BY THE COMMUNITY







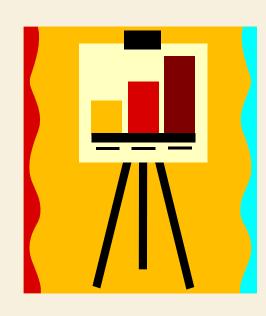




#### A DATA DRIVEN PLAN

#### Situational Analysis/Environmental Scan

- Location! Location!
  - Assets
- Food and Physical Environment Mapping
- Community Surveys & Neighborhood Outreach
- Focus Groups with seniors and parents in English and Spanish





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